

## **ADVANTAGE PREVENTION CLAIMS MANAGEMENT INC.**



### **WEST NILE VIRUS / ZIKA VIRUS ALERT**

Did you know West Nile/Zika Virus is a compensable injury and workers should be protected by following our West Nile/Zika Virus Alert?

The West Nile/Zika Virus is here much earlier than is expected each year – with results showing more people are being infected with the Virus in many parts of Canada. People who work outside should take the following steps to reduce exposure to the Virus:

- **Protect yourself and your family from mosquito bites; and**
- **Eliminate mosquito-breeding sites around your home and vacation property.**
- **When going outdoors, use insect repellents that contain DEET or other approved ingredients.**
- **Wear clothing such as long-sleeved shirts, long pants and a hat. Light coloured clothing is best because mosquitoes tend to be attracted to dark colours.**
- **Make sure that door and window screens fit tightly and have no holes that may allow mosquitoes indoors.**
- **Remove old containers around your home and property that may hold water or plants.**
- **Check your garden for water/wet areas**
- **Do not over water plants**
- **Keep plants, hedges, trees under control at or on your property by trimming on a regular basis**
- **Do not sit out on hot humid days when mosquitos are at their best and love to bite**

- **If your breathing starts to trouble you and you think you may have been bitten, go to your doctor or walk-in clinic- DO NOT WAIT**
- **Some people are allergic and sensitive to insects**
- **Risk of illness caused by insect bites is not just a concern for employer operating in a remote or rural area. Ticks infested with Lyme disease and mosquitoes carrying West Nile virus are now common in many cities, urban areas with environments.**
- **Your employer is required by Law to provide personal protective equipment (PPE)**

Email [j.hennessy@rogers.com](mailto:j.hennessy@rogers.com) to receive more information on how to reduce the risk to employees. Your employer shall provide training and information including personal protective equipment (PPE) to reduce risk to you while working outside.